



Bread Of Life
Walk to Emmaus
 P.O. Box 47307
 Wichita, KS 67201-7307
 Return Service Requested

PRESORTED
 STANDARD
 U.S. POSTAGE
 PAID
 WICHITA, KS
 Permit No. 309



Volume 24, Issue 3
 July/August 2010

From The Bread of Life

Walk to Emmaus

CRUMBS

Men's Walk #99
October 7th -10th, 2010
First UMC, Wichita
Lay Director Eric Strickler
Spiritual Director Harry Cross

Women's Walk #100
October 14th-17th, 2010
First UMC, Wichita
Lay Director Sidney Worf
Spiritual Director Lyn Linde



Just Rick –
Bread of Life Community
Spiritual Director

I don't know if you've ever noticed the words on the cover of the Walk to Emmaus brochure. They say this, "A Transforming Experience of Christian Community". Isn't that the truth? The Walk isn't about "information" but "transformation". It's much like the difference between "Knowing about God" and "Knowing God". We can possess all the information ever gathered about God but unless we are transformed by Him, we merely find ourselves existing, not living with purpose and meaning.

The joy of this transformation occurs in the midst of community. Together, the community of faith experiences God's transforming power to forgive, to restore, to renew, and to be empowered to grow in God's grace. You've experienced it. I've experienced it. Let's covenant together to pray for the pilgrims who will participate in the fall walk that they, too, may experience it.
 De Colores, Rev. Rick Just, 620.375.4471, rmljust@yahoo.com

Happy summer days!

Summer is here; are you all keeping cool? Summer is a great time for vacations and garden and yard activities. Notice I didn't say work because for some it is a way of escaping the mundane and being in nature and enjoying what God has provided. It is a more relaxed time. Ball games, golf, swimming and so many other fun stuff. We can get busy with the fun life that summer brings with children home and the busyness of going places, but we must never forget to thank God for the beauty you see these summer days.

I have been reading Max Lucado's book, "Cure of the Common Life, Living in Your Sweet Spot". In 1 Corinthians 12:7 it says, Each person is given something to do that shows who God is. Max Lucado explains, "God gave you a zone, a region, a life precinct in which you were made to dwell. He tailored the curves of your life to fit an empty space in his jigsaw puzzle. And Life makes sweet sense when you find your spot. It is your uniqueness. God has entrusted you with a key task in the project, you need to examine your tools and discover it. Your ability unveils your destiny. "If anyone ministers, let him do it as with the ability which God supplies, that in all things God may be glorified through Jesus Christ" 1 Peter 4:11. When God gives an assignment, he also gives the skill. Study your skills, then, to reveal your assignment."

I put this in perspective of Emmaus. We all have our own "sweet spot". Those of us that have that "fire", that "passion" to do God's work and servicing in Emmaus have possibly found our sweet spot.

There are so many ways to serve in the Emmaus community. Those of you that are new pilgrims, come to the next walks Oct 7-10 and Oct 14-17 at 1st UMC in Wichita and serve in many ways and you might find that sweet spot where you feel you are in the presence of God, when you are in the "zone" and having that feeling of peace, being in the right place and doing the right thing. Those veteran Emmaus folk know what that feeling is. They continue coming back and we as the board are forever thankful. Your continued diligence is greatly appreciated. I know God is smiling at all those who serve and do what they do to lead new people to become pilgrims, to become members of the Emmaus community, showing them the "light" of the love of God that is shown at each walk. All of this enriches us as servants and helps us in our walk of life in our fourth days.

Enjoy your summer days and look for your "sweet spot". Remember God has already given us one, our job is to find it and act.

Donna Schrag, Walk 50, Table of Ester, Community Lay Director

We're on the web:
www.breadoflifecommunity.com
Monthly Gatherings of the Emmaus
Community

Ark City/Walnut Valley Community - Contact Sylvia McAlister, 620-442-7685 or rmcaster1@cox.net - (3rd Sat.) - agape at 5:30, potluck, gather at 6:00 pm.
 Cunningham - Contact Bill Stapleton, 620.324.5328 or wesj@qbia.net
 Douglas - Spirit & Truth Community - 3rd Monday 6:30 pm, 316-746-2913, Journey Christian Fellowship, 311 S. Hwy 77. firstchurch99@yahoo.com.
 Edwards County - Kinsley UMC or Lewis UMC - (3rd Thurs.) - Alternates between Kinsley & Lewis, meet at 7:00 pm. Call 620.659.2273
 Garden City - 1st UMC (located at Main & Kansas Avenue) - (3rd Sat.) - Meet at 7:00 pm. upstairs on the east end of the hallway, room 214. Email the Harders at dbre@odsac.net for more info.
 Great Bend - Trinity UMC - (1st Tues.) - meet 6 pm for worship followed by fellowship meal at 7pm
 Haysville - Contact Pamela Turkle, 316.524.3771
 Haviland - Haviland Friends Church - currently not active, Contact Logan Vanderhook, 620.862.5617
 Hutchinson - times and locations vary, Contact Barbara Gray, 620.664.6560 or beelgray@sbcglobal.net
 Lakin - Lakin UMC - (3rd Wed.) - meet at 8 pm; bring snacks, Contact Jim Jarboe@620-355-6204
 Lamed - (3rd Mon.) - meet at 6 pm for worship followed by fellowship. Contact: Karen Skelton, 620.285.2909
 Leoti - (twice a month) - 1st and 3rd Sundays at 6:30 pm, Leoti UMC
 Marion County - Valley UMC - Contact Bob or Anita Brookers, 620.382.3556 or Gary or Jo Ella Heit, 620.382.3887
 Quirra Community- Alden -Ellinwood- 2nd Thursday 7:00 pm, alternating locations. Contact Pam Beck at 620-564-3720
 Salina/Lindsborg - Trinity UMC, 901 E. Neal - (2nd Sun.) - meet from 4 pm to 6 pm; contact Pastor Bill
 Topoka/Sonflower Emmaus Community - (2nd Sat.) - Location varies; for further info. Contact sonfloweremmaus@cox.net
 Wichita Community - No gatherings currently scheduled
CRUMBS MAILING LIST Our postal costs have increased as now each returned newsletter costs 44 cents. We are updating our mailing list in an effort to reduce returns, but we need your help. If you know you are going to be moving please make sure you add us to your change of address list. It's very easy to update your information by going to the Bread of Life Community website.

Bread of Life Board of Directors

Class of 2010

Technology

Laura Hayden, 316.776.0898
lhayden58@cox.net

Treasurer

Linda Oakes, 620.272.0183
loakes@carrollsworld.com

Sponsorship

Mel Meyer, 620.324.5812
sfcm86@gbta.net

Fourth Days

Gloria King, 620.665.8999
gking602@aol.com

Registration

Dick Heggestad 316.683.0469
dick@meatmap.com

Class of 2011

Board Chair, Community Lay Dir.

Donna Schrag 316.721.4811
dschrag1@cox.net

Literature & Supplies

Mary Duft, 620.285.9061
mduft@hotmail.com

Prayer Room/Secretary

Beth Strickler, 316.683.5103
beth@ehumc.org

Agape

Deb Hartman 620.259.6317
dhartman12@cox.net

Walk Activities

David Cloud 620.290.7601
dtscloud@yahoo.com

Class of 2012

Snacks

Don Jansen 620.212.3653
jensenangus@gmail.com
Judi McKinney 620.324.5274

Kitchen

Patty Huffman 620.298.2715
pattyjohn@embarqmail.com

Facilities

Chelle Tedrow 316.685.3177
1drdog5-17@cox.net

Crumbs Editor

Jim Jarboe 620.355.6204
jjarb@pld.com

Chrysalis Liaison

Paul Stephens 316.215.0060
paulkstephens@aol.com

...News from the Board...

Sponsorship:

Do you have someone you want to sponsor to The Walk to Emmaus?

Have you had sponsorship training? Need help? Contact Mel at sfcm86@gbta.net

Mel Meyer, Walk #71, Table of Mathew

Kitchen:

We should all be thinking of the next set of walks as they will be here quicker than we think. Praying for pilgrims to be led to us and we will feed them in spirit and in flesh. Pray for the teams that are being formed. In Christ's Love, The Kitchen Lady Patty Huffman

Agape:

As you can tell we are coming up on our 100th walk. How exciting is that! The Bread of Life has a set of notebooks with pictures and names of everyone who has gone on a walk. Well almost. I have tried to go through and fill in the blanks but some pictures and/or lists are still missing. If you have a picture or list of names for any of the walks listed would you be willing to mail me a copy, or send the original (I'll send it back) so we can update these notebooks for the 100th walk. I hope to have them displayed in the Agape room during the October walks in Wichita.

Walk # 53, picture and list Walk # 74, picture and list

Walk # 79, picture and list Walk # 80, picture and list
Walk # 81, picture and list Walk # 82, picture and list

Walk # 84, picture and list Walk # 89, picture and list
Walk # 66A, picture only Walk # 93, picture and list
Walk # 94, picture and list Walk # 95, picture only

Walk # 96, list only Walk # 97, picture and list
Walk # 98, picture and list

Thank you for all your help in completing these notebooks.

Deb Hartman , Agape Chairperson

Volunteer Update

In an effort to include everyone who desires to serve on walks, we need an updated volunteer list. We ask that you prayerfully consider each service area and complete the new survey at the following website. This will give us a fresh start and help us have current information for those who truly desire to serve. You are always welcome to come and serve a day, a few hours or bring agape or snacks. The web address is (in the Crumbs message) <http://tinyurl.com/29yqvyy>

Serve with Your Techie Gifts

The Technology Position is opening in 2011. The tasks included in this position include: update and maintenance of directory, volunteer database, e-blasts and e-mail communication, web site updates, maintain computer equipment, and a few small computer jobs. If you have Microsoft Access skills, Excel & Outlook, basic web skills, some free time and a desire to serve the Emmaus community with these skills, please contact Laura Hayden – emmausbread@cox.net

Walk Activities

I would like to invite all the new 4th day pilgrims from walks #97 and #98 to mark on their calendars the dates for the fall walks Oct. 7-10 Oct 14-17 in Wichita. Come to send off and help during the weekends wherever you can. We could use your help on Saturday night for the chicken dance and candle-light.

Thanks, Dave Cloud

Emmaus Prayer Vigil and Prayer Room

As a pilgrim on Walk 56A, I was blown away by the tremendous power of the Holy Spirit when I learned of all the prayer that covers each Walk .To know that so many people had been praying for me by name – many folks that I didn't even know – was a tremendous blessing. I was delighted to realize that God's work in the conference room was a result of hours of prayer offered on our behalf. God's power can accomplish more in a few minutes of earnest prayer that all our human striving can do in a year. Humble, honest, desperate cries invite the Lord's power to move mountains! When we seek the Lord first, he can and will use each of us and He will do amazing things through Emmaus. My prayer is that the Holy Spirit will work in each one of you to give you the desire and determination to pray for the October Walks. Please pray now for the Lay Directors and team selection process. Participate in the 72 hour Prayer Vigils and come to the prayer room during the walks, and pray for our team members and our pilgrims.

Our volunteer list for the prayer vigil is very out of date and ineffective. Because of this, we have gone to an online prayer vigil signup so that you can select your time for each Vigil based on what time slot is open that best fits your schedule. Please sign up to participate in the 72 hour Prayer Vigils for the Men and Women's Walks in October by going online to <http://www.3dayol.org/Vigil/GetComm.phtml> and click on the **Bread of Life Emmaus Community Men's October Walk, or Women's October Walk**.

If you do not have internet access, please call me and I will sign you up for one of the available slots. **Contact: Beth Strickler, at 316-682-6518, or 316-210-5103.** Got questions? Email: beth@ehumc.org.

Chrysalis, the youth version of Emmaus, will have a flight this July 14-17. The Flight is at West Heights UMC, Wichita. There is always a need for agape. Come show our youth the support of the community at candlelight, Friday night. You can find information on the Chrysalis Website. <http://www.crosswindschrysalis.org/>

The Chrysalis Board:

Hey, we need a Single Life speaker for the boys' conference room this summer, July 14-17 at West Heights UMC Wichita.

DO YOU KNOW ANY POTENTIAL CANDIDATES TO GIVE THIS TALK?

The Single Life talk is an adult talk that describes what being a Christian and serving Christ is like while an adult is still single. It can be someone who feels a call to remain single, or a single person who is waiting for God's gift of a spouse.

Usually someone 25 or older (not an absolute requirement), who exemplifies living out the single life as God would have it lived, and who can encourage the youth about the value of Christian life as a single. Please let me know if you have a suggestion or 2 or 3. Paul Stephens, Chrysalis Liaison